

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>March Birthdays!!!!</b>  <b>03/01 Marcia Applegate</b> <b>03/09 Cora Call</b> <b>03/18 Forrest Greer</b>	9:00 Senior Stretch-GR <b>1</b> 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Delivery/Resident Council Handouts	9:00 Core Fitness-GR <b>2</b> 1:30 Strength Class-GR 5:00 Movie Night: Fiddler On the Roof (1971) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR <b>3</b> 10:30 Church Services 1:00 Electronic Class-AR 6:00 5 Crowns-AR Daily Mail Delivery	9:00 Core Fitness- GR <b>4</b> 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR <b>5</b> 9:30 Trivia-ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day
Newspaper Pass Out Independent Activities Throughout The Day	9:00 Senior Stretch-GR <b>8</b> 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR <b>9</b> 1:00 Bridge-AR 1:30 Strength Class-GR 5:00 Movie Night: The Help (2011) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR <b>10</b> 10:30 Church Services 1:00 Watercolor Painting-AR 6:00 5 Crowns-AR Daily Mail Delivery	9:00 Core Fitness- GR <b>11</b> 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR <b>12</b> 9:30 Arts and Crafts -ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day
Newspaper Pass Out Independent Activities Throughout The Day <b>SPRING FORWARD TURN CLOCKS ONE HOUR AHEAD</b>  <small>Daylight Saving Time Begins</small>	9:00 Senior Stretch-GR <b>15</b> 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR <b>16</b> 1:30 Strength Class-GR 5:00 Movie Night: Bonnie and Clyde (1967) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR <b>17</b> 10:30 Church Services 1:00 Helping with Electronics-AR 6:00 5 Crowns-AR Daily Mail Delivery  <small>St. Patrick's Day</small>	9:00 Core Fitness- GR <b>18</b> 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR <b>19</b> 9:30 Musical Bingo -ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day  <small>Spring Begins</small>
Newspaper Pass Out Independent Activities Throughout The Day	9:00 Senior Stretch-GR <b>22</b> 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR <b>23</b> 1:00 Bridge-AR 1:30 Strength Class-GR 5:00 Movie Night: Eat, Pray, Love (2010) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR <b>24</b> 10:30 Church Services 1:00 Watercolor Painting-AR 6:00 5 Crowns-AR Daily Mail Delivery	9:00 Core Fitness- GR <b>25</b> 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR <b>26</b> 9:30 Name that Tune -ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day  <small>Passover Begins</small>
Newspaper Pass Out Independent Activities Throughout The Day  <small>Palm Sunday</small>	9:00 Senior Stretch-GR <b>29</b> 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR <b>30</b> 1:30 Strength Class-GR 5:00 Movie Night: Hugo (2011) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR <b>31</b> 10:30 Church Services 1:00 Watercolor Painting-AR 6:00 5 Crowns-AR Daily Mail Delivery	<h1>March 2021</h1> <h2>Independent Living Activity Calendar</h2> <p>2901 Northeast 72<sup>nd</sup> Street. Gladstone, MO 64119</p> 		