

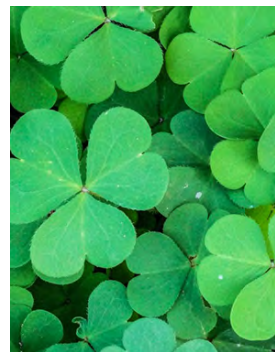
March Fun Facts!

Did you know, March Babies have two birthstones? Traditionally, the birthstone is the frosty aquamarine, but there is an alternative: the deep green, red flecked bloodstone. According to lore, the Ancient Egyptians believed the bloodstone have them an advantage over their enemies in battle. The Zodiac signs of March are Pisces and Aries. Dear Pisces, this month you should focus on personal traits and hobbies. This is a time to build your skillset by doing something you are passionate about! This is intended to be very lucky year for your Pisces. As for Aries, this month will be all about your friendships and relationships. It's important to remember to stay loving, generous, and compassionate. You are a good friend, and this month you will be recognized.



St. Patrick's Day!

Did you know? St. Patrick wasn't Irish. He was born a Roman citizen of Britain during the end of the 4th century. He belonged to a wealthy family, and was captured at the age of 16 and taken to Ireland. It is there where he converted to Christianity and was encouraged by a voice he believed to be God. He escaped his captors and eventually went on to spread the word of the Bible in Ireland. In Ireland the shamrock was originally considered a sacred plant. It was a symbol of the arrival of spring. St. Patrick used the shamrock as a visual guide when explaining the Holy Trinity. The holiday itself was considered a strictly religious holiday, and up until the 1970s pubs in Ireland were closed for St. Patrick's Day. Nowadays, St. Patrick's Day is an excuse to drink, eat, and party!



Covid-19 Vaccine Party

We are so thankful that we were able to receive the Covid-19 vaccine. Thank you CVS for coming out to Linden Woods Village, and giving the vaccine to those who wanted it. We want to give a huge shout out to our Head Directors for taking the time out of their day to set up this clinic. Without them it wouldn't have ran so smoothly. Thank you to those who took part and received the shot so hopefully sometime soon we can start opening up again. Thank you for the bracelets that say "I Got My Covid-19 Vaccine!" and the little goody bags. Our last and final time to receive your second vaccine will be in March. If you have received the first shot and not they second one yet, and would like too, please contact the front desk.



The Villager



OFFICIAL NEWSLETTER OF LINDEN WOODS VILLAGE

03-01-2021

A Letter From Activities

Dear Residents, Families, and Friends,
A little update on what is going on around here at Linden Woods Village. We are still waiting to hear back from Spectrum and also Pivotal, which is the company who owns us to see what is going on with our Touchtown. We are still having issues with the sound coming through the televisions on the residents ends. Once that is resolved we will have Touchtown up and running on channel 1851! Right now you can see the daily menu and the activities for the day. Make sure you are reading the correct slide as we have put on Assisted, Independent, and Healthcare daily activities. We have purchased a new system for our activities department. The system is called IN2L. This program offers content driven engagement to support social interaction, cognitive, education, reminiscing, memory support and much more! We are still figuring out the system, but we are so excited to have purchased it. It has so many amazing options like, trivia, videos, commercials for back in the day, movies, and much more. With Covid cases in the area decreasing, we still ask you to take caution if you are still going out. The Clay County Health Department just announced that restaurants, bars, and taverns may resume operating according to their permitted hours. There will be no limits on gatherings as long as attendees follow masking and social distancing guidelines. This does not include us sadly, we have to follow our State Guidelines. You will still need to keep your distance, still limiting activities to ten people at a time, and we will not be going out into the public just yet. If you go to the hospital and stay over night you will still need to quarantine for fourteen days. We ask you please if someone is in quarantine do not go into their room and hang out. We will be opening up the salon on March 4th, 2021. Please contact the front desk if you would like a haircut. If you would like a perm please let Natasha and Sonya at the front desk know so they can plan out the day. Please be patient with everyone, as the salon has been closed for over a month and a lot of the residents have signed up to get their hair done. Natasha is only one person and she can only have one resident in at a time, then she has to clean between each appointment. It might also take a little bit longer to get everyone in as she is only here on Thursdays.

MARCH BIRTHDAYS!!!!

03/01 Marcia Applegate
03/08 Paul Casel
03/09 Cora Call
03/18 Forrest Greer
03/30 Howard Brazelton



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March Birthdays!!!! 03/01 Marcia Applegate 03/09 Cora Call 03/18 Forrest Greer	9:00 Senior Stretch-GR 1 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Delivery/Resident Council Handouts	9:00 Core Fitness-GR 2 1:30 Strength Class-GR 5:00 Movie Night: Fiddler On the Roof (1971) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR 3 10:30 Church Services 1:00 Electronic Class-AR 6:00 5 Crowns-AR Daily Mail Delivery	9:00 Core Fitness- GR 4 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR 5 9:30 Trivia-ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day
Newspaper Pass Out Independent Activities Throughout The Day	9:00 Senior Stretch-GR 8 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR 9 1:00 Bridge-AR 1:30 Strength Class-GR 5:00 Movie Night: The Help (2011) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR 10 10:30 Church Services 1:00 Watercolor Painting-AR 6:00 5 Crowns-AR Daily Mail Delivery	9:00 Core Fitness- GR 11 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR 12 9:30 Arts and Crafts -ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day
Newspaper Pass Out Independent Activities Throughout The Day SPRING FORWARD TURN CLOCKS ONE HOUR AHEAD <small>Daylight Saving Time Begins</small>	9:00 Senior Stretch-GR 15 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR 16 1:30 Strength Class-GR 5:00 Movie Night: Bonnie and Clyde (1967) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR 17 10:30 Church Services 1:00 Helping with Electronics-AR 6:00 5 Crowns-AR Daily Mail Delivery <small>St. Patrick's Day</small>	9:00 Core Fitness- GR 18 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR 19 9:30 Musical Bingo -ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day <small>Spring Begins</small>
Newspaper Pass Out Independent Activities Throughout The Day	9:00 Senior Stretch-GR 22 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR 23 1:00 Bridge-AR 1:30 Strength Class-GR 5:00 Movie Night: Eat, Pray, Love (2010) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR 24 10:30 Church Services 1:00 Watercolor Painting-AR 6:00 5 Crowns-AR Daily Mail Delivery	9:00 Core Fitness- GR 25 9:30 Manicures- L 10:00 Casual Cards (Group choice)-AR 1:30 Strength Class-GR 6:00 Kings in the Corner-AR Daily Mail Delivery	9:00 Senior Stretch- GR 26 9:30 Name that Tune -ID Sign up limit 10 3:00-3:30 Happy Hour Grab and Go-ID Daily Mail Delivery	8:30 Strength Class- GR 9:30 Core Fitness- GR Independent Activities Throughout The Day <small>Passover Begins</small>
Newspaper Pass Out Independent Activities Throughout The Day <small>Palm Sunday</small>	9:00 Senior Stretch-GR 29 2:00 Social Distance Bingo ID Sign up limit 10 2:00 IL Bible Study 3:00 Social Distance Bingo ID Sign up limit 10 Daily Mail Delivery	9:00 Core Fitness-GR 30 1:30 Strength Class-GR 5:00 Movie Night: Hugo (2011) 6:00 Phase 10-AR Daily Mail Delivery	9:00 Senior Stretch-GR 31 10:30 Church Services 1:00 Watercolor Painting-AR 6:00 5 Crowns-AR Daily Mail Delivery	<h1>March 2021</h1> <h2>Independent Living Activity Calendar</h2> <p>2901 Northeast 72nd Street. Gladstone, MO 64119</p> 